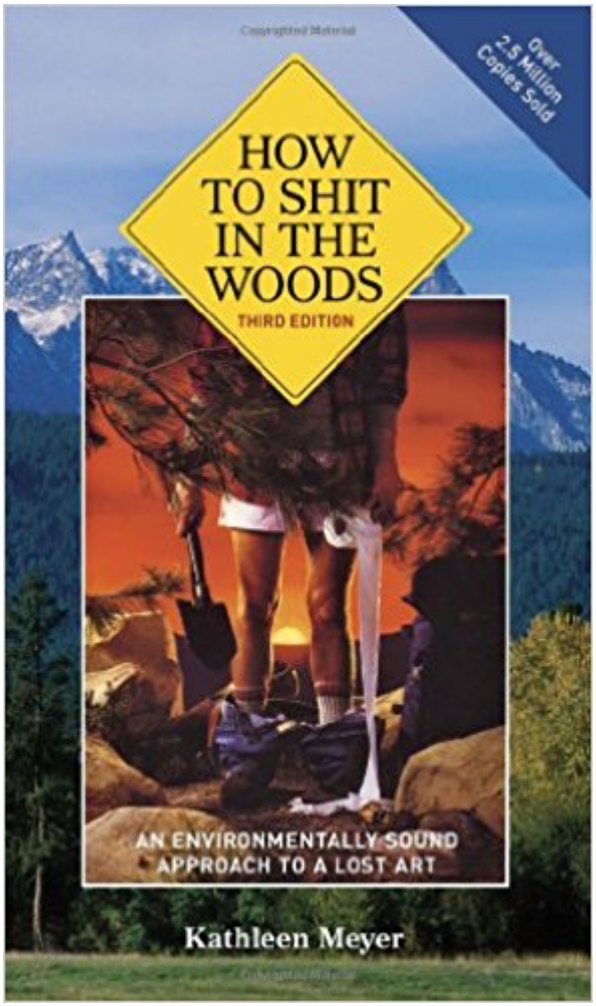
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How To Shit In The Woods, 3rd Edition: An Environmentally Sound Approach To A Lost Art



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Synopsis

ItÃ¢â ¬â„¢s the feisty third edition of How to Shit in the Woods, jam-packed with new information for outdoor enthusiasts of every stripe. Hailed in its first edition as Ã¢â ¬Å“the most important environmental book of the decadeÃ¢â ¬Â• by Books of the Southwest, and in its second as Ã¢â ¬Å“the real shitÃ¢â ¬Â• by the late, great, outdoor photographer Galen Rowell, this bestselling guide is often called the Ã¢â ¬Å“backpackerÃ¢â ¬â„¢s bibleÃ¢â ¬Â• and has sold more than 2.5 million copies in eight languages. Author Kathleen Meyer continues to pioneer the way with her inimitable voiceÃ¢â ¬â •at once humorous, irreverent, and directÃ¢â ¬â •examining the latest techniques for graceful backcountry elimination, and answering a desperate cry from nature concerning environmental precautions in our ever-shrinking wilds.Ã Â World changes come fast and furious, and in the backcountry it is no different. The practice of Ã¢â ¬Å“packing-it-out,Ã¢â ¬Â• adopted to protect high use areas and fragile eco-systems, is here to stay. We are now often urged to haul our poop home. Or with increasing frequency, the whole business is mandatory. To assist with all this responsible human waste disposal, MeyerÃ¢â ¬â„¢s new edition features the latest in product innovations, from classy high-tech to inexpensive do-it-yourself. She covers the most current solutions to the health risks of drinking straight from wilderness waterways; presents a raft of natural substitutes for the purist swearing off toilet tissue; and offers a wealth of new recommendations for ladies who must make do without a loo. Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â This down-to-earth guide has been employed as a training aid for scout troops, outdoor schools, and wilderness programs for inner-city youth; for rangers with the U.S. Forest Service, National Park Service, and Bureau of Land Management; as well as for whitewater rafting guides, backcountry outfitters, and members of the military.Ã Â In rowing hundreds of urbanites down whitewater rivers, Meyer honed her squatting skills and found she Ã¢â ¬Å“wasnÃ¢â ¬â„¢t alone in the klutz department.Ã¢â ¬Â• Her delightfully shameless discussion of a once-shameful activity, her erudite examination of its associated vocabulary, and her unapologetic promotion of its colorful vernacular make How to Shit in the Woods essential and vastly entertaining reading for anyone whoÃ¢â ¬â„¢s ever paused at the edge of the forest and pondered: Ã¢â ¬Å“Where do I go to go?Ã¢â ¬Â•

Book Information

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Customer Reviews

Ã¢â ¬Å“Kathleen Meyer has contributed to environmental awareness while lending a grand old English word the respectability it hasnÃ¢â ¬â„¢t had since ChaucerÃ¢â ¬â„¢s day.Ã¢â ¬Â• --FRANK GRAHAM, Audubon magazine

A longtime outdoorswoman, KATHLEEN MEYER is the founding editor of Headwaters, published by Friends of the River. Her travel essays have been included in the TravelersÃ¢â ¬â„¢ Tales anthologies A WomanÃ¢â ¬â„¢s Passion for Travel: More True Stories from a WomanÃ¢â ¬â„¢s World and Sand in My Bra and Other Misadventures: Funny Women Write from the Road. Her adventure memoir Barefoot Hearted: A Wild Life Among Wildlife was released by Villard in 2001. Whitewater rafter and canoeist, sea-kayaker and sailor, she is also a draft horse teamster, having traversed three Rocky Mountain states by horse-drawn wagon. Ever the nontraditional spirit, Meyer resides in an old, rather unrestored, dairy barn in MontanaÃ¢â ¬â„¢s Bitterroot Valley and is available for interviews. Visit her Website www.KathleenintheWoods.net and hop onto her blog Shooting the Shit

Just get it. It tells you everything you want and need to know in a matter of fact detailed way. Special chapter for ladies on how to handle business that my never-camped-before friend found useful.

This book was a gift. I read it a number of years ago, in an earlier edition. The receiver is a girl who has just gotten interested in camping. I hope someday she will get the chance to hike many places. I trekked in Nepal, walked along Hadrian’s wall, and spent many hours in California state and national parks. If she does, the book should come in handy. In the earlier edition, there were two authors,

one of whom was an OB-GYN. Anyway, know which leaves ar poison ivy or poison oak before wiping.

Don’t be fooled by the title. It’s a must-have for anyone who camps, rides, or canoes. And yes, it’s a must-have even for scout groups.

Have you ever wondered how to poop in the potty when they ain’t no potty? Wonder no more folks. This well written and entertaining book (with pictures) explain it all.

Who knew you needed a manual to s*** in the woods?Apparently the author felt it necessary to explain how to do what comes naturally when nature calls. And this book provides highly entertaining as well as enlightening reading while nature takes its course. Now I’m reporting theoretically, because I did not purchase this book for my own use - I get nervous when I’m more than ten feet from an electrical outlet - but rather as a gift for a more intrepid friend. He assured me, in elliptical terms to avoid TMI overload, that this book does indeed fill in critical informational gaps and thus satisfy a vital need in the available resources for woods-s***ting.But don’t take my word for it. Get this book and start pooping!

Very funny and informative book. Since reading it, I have become much more vigilant about treating AND filtering my water, instead of just one or the other.

This book was bought as a gag gift for one of my hunter friends initially. However it is a well thought out book that was written very well. It is not comical at all

This is not a joke book... For those that trek into the wilderness, there are both sanitary and health issues to consider. Who else will teach you what they are?

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